



### COACHING

The ESMBA Philosophy supports Coaching Excellence. This means it is structured, planned and constructive and delivered by qualified Coaches.

Adhoc Coaching by well-meaning Individuals can sometimes serve to confuse members and deter new Bowlers.

That's why the ESMBA partnered with Coach Bowls to provide a recognised OFQUAL approved Coaching Qualification.

There is a bespoke Short Mat Level 1 Coaching Course in early 2023. Please see Page 2 for more information.



### Safeguarding Officers

Safeguarding is becoming an evermore important part of Bowls.

There are many opportunities for Safeguarding learning and if you are involved with Club or County Safeguarding it is important to keep your knowledge up to date and current

Likewise if your Club or County need a Safeguarding Officer, then there are Courses run throughout the year specifically aimed at Bowls.

Course Details can be found on Page 2

### Umpires & Markers

Did you know a vital ingredient to Competition Bowls are Umpires and Markers? Is it something you would like to do?

We are always looking for new Umpires.

To become an ESMBA registered Umpire, you must complete a written exam, and Oral Exam and a practical test

We also offer a Markers Course, where you'll learn or refine basic measuring skills, and the more common elements of the rules like line decisions.

This could be a precursor to becoming an umpire, or be useful in helping your county out as an approved marker.

More information can be found on Page 2



# The Extra End

## Jack off the Mat Edition



### **Coaching Courses:**

CoachBowls and The ESMBA have organised Short Mat specific Coaching Courses.

This will give you 'Level 1 in Coaching' qualification.

The First Course takes place over 2 days at Solihull IBC and also has 2 x 3 hour Zoom Sessions.

Zoom Session: Tuesday 31<sup>st</sup> January 2023 6-9pm

Practical Session: Saturday 11<sup>th</sup> February 2023 9am-5pm

Zoom Session: Tuesday 7<sup>th</sup> February 2023 6-9pm

Practical Session: Saturday 11<sup>th</sup> March 2023 9am-5pm

To book: [Course Booking - Coach Bowls](#)

**You may be eligible for an ESMBA Coaching Bursary subject to qualification.**

### **Umpiring & Marking:**

If you would like more information on becoming an umpire, or the Markers Course then please contact the ESMBA Umpire Director Brab Hallows on 01404 831829 or [brab@esmba.co.uk](mailto:brab@esmba.co.uk)

### **Safeguarding**

Active Partnerships and Coach bowls have a wide range of online courses

#### **Option 1 – Safeguarding and Protecting Children**

*(3 hours – sportscoachUK or Coach bowls)*

This course provides a basic understanding and awareness of safeguarding and is recommended for bowls coaches and Club Safeguarding Officers/Volunteers as an introduction to safeguarding.

These are multisport courses run locally through your County Sport Partnership or through Coach Bowls course which is bowls specific.

#### **Option 2 – Safeguarding in Bowls – “Time to Listen”**

*(4 hours – Coach Bowls)*

This is a bowls specific module aimed at Club Safeguarding Officers/Volunteers whose clubs have junior members or sections and those who work with local school children providing taster sessions.

#### **Option 3 – Adult Safeguarding in Bowls**

*(3 hours – Coach Bowls)*

This module is aimed at those clubs who have predominately adult only members. It focuses on ensuring Club

Safeguarding Officers/Volunteers understand their role in safeguarding adults and in particular those adults who may be at risk.

And with regard to Options 2 and 3 Coach Bowls can also deliver these in a class room if your county has enough interest to host its own, and you can contact Adam Durnin at [adam@coachbowls.org](mailto:adam@coachbowls.org) for further information.

The dates for the upcoming courses can be found at <https://coachbowls.justgo.com> but these include

Basic Safeguarding – 15<sup>th</sup> Dec 2022

Adult Safeguarding – 19<sup>th</sup> Dec 2022

4<sup>th</sup> Feb 2023

16<sup>th</sup> March 2023

27<sup>th</sup> March 2023

Time to Listen - 25<sup>th</sup> March 2023