

ESMBA Coaching Policy



The ESMBA strongly believe that structured coaching is the best way forward to improve the standard of all bowlers from beginners, through club and county up to international level.

We have therefore chosen to pursue coaching excellence through Coach Bows. Their courses are the only Bows coaching courses to be professionally recognised nationally.

The Coach Bows website can be found here Coach Bows (looking at the website does not register you on a course)



Coach Bows Level 1 Course

The Level 1 course is designed to give a coach the basic knowledge relating to 'how to coach', as the fundamental techniques of delivery, line and length are similar for all form of bows. There is therefore no specific 'short mat' Level 1 course, instead it is recommended that you contact Adam at Coach Bows adam@coachbows.org and indicate that you wish to undertake the course as a short mat coach and then liaise with him to book an appropriate local Level 1 course.

Coach Bows Level 2 Course

Most Level 2 courses are also not short mat specific although it is hoped that if there is sufficient demand then a specific short mat course might be available once a year.

Current 'ESMBA Level 1' coaches

It has been agreed that Coach Bows will still recognise existing ESMBA approved coaches at ESMBA Level 1, providing these coaches remain members of Coach Bows (currently approx. £18 per annum). However, these coaches will not be certified and may therefore have issues in gaining access to schools, leisure centres and other educational facilities.

The ESMBA will actively encourage any ESMBA Level 1 short mat coaches (as specified on the coaching directory) to take and pass the Coach Bows Level 1 course (Current cost £135). The ESMBA will meet the cost of this course once the course has been successfully completed and a copy of the Certificate submitted to the ESMBA Coaching Director.

The ESMBA will recognise Coach Bows certificated coaches from other bows codes to coach short mat providing they meet the criteria below.

Criteria for listing on the ESMBA Coaching Directory

- **Must** hold a Coach Bowls recognised qualification in Bowls.
- **Must** hold a valid Enhanced DBS certificate (and register for the automatic update service) Forms and information are available from the ESMBA Lead Safeguarding contact lynn@esmba.co.uk who will need to sign off the issued DBS.
- **Must** be a current member of the ESMBA.
- **Must** be a current member of Coach Bowls
- Will be expected to promote the game of short mat bowls and be pro-active in coaching (not wait to be asked).
- Recommended that they have a current First Aid Certificate. If held, a copy of the certificate should be sent to the Coaching Director.



The ESMBA may arrange Continuous Professional Development (CPD) modules in either written or practical formats.

The ESMBA recognise that this coaching policy requires a great deal of commitment on the part of coaches and with this in mind will pay towards achieving the qualifications needed.

The following scale of funding is available once a pass is obtained, and name/ contact details added to the ESMBA Coaching Directory.

Counties with members

- 1 – 500 Members Refund cost of 1 coaching course on passing Level 1
- 501 – 1000 Members Refund cost of 2 coaching course on passing Level 1
- 1000+ Members Refund cost of 3 coaching course on passing Level 1

Level 2 Course funding will be considered on a request basis.

Counties are requested to actively promote this initiative and to formulate their own internal application process, thus fully endorsing each coaching applicant.

If you have any questions, please do not hesitate to contact me.



Martin McGregor

ESMBA Coaching Director

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